



# Seasons

The Latest News & Events at Taralga  
AUTUMN 2025



## Happy Easter from Taralga



### Easter Bonnet Parade at Jandowae State School

**Hello & Welcome to our Autumn Taralga Newsletter!** Firstly, how quickly is 2025 already going by?? Wishing everyone a happy and safe Easter! Hope you had a visit from the Easter Bunny or friends and family with some cheeky chocolate eggs, hot cross buns or other goodies and memories to share.

At this time of year, also remember to take a moment to be grateful for the many good things in our lives, for the big and small sacrifices that allow us to have freedom to live the way we choose and how fortunate we are at Taralga to have wonderful people and opportunities in our community.

Our residents had the honour of judging the **Easter Bonnet Parade at Jandowae State School** earlier this month and enjoyed seeing the creative efforts from young minds. We also celebrated Easter at Taralga with a **Ecumenical Service** by the combined churches of Jandowae with lovely music provided by Grace Ireland. We also hosted and fundraised with a **Multi-Draw Easter Raffle** with many wonderful prizes won. **Thank you to wonderful the sponsors for your donations and to all that supported our raffle!**

### Did You Know?

Each year, the average Aussie consumes about 20 Easter eggs of different shapes and sizes... a national total of more than half a billion! It's believed the Germans came up with the idea of making eggs from chocolate and later chocolate bunnies. In the northern hemisphere, eggs were regarded as a sign of spring. People in eastern Europe first started painting elaborate decorations on boiled eggs.

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### Quality Improvement

#### New Resident Menu Committee created

At one of our Resident Meetings it was suggested we form a **Resident Menu Committee** that will liaise with the Kitchen Manager on residents' nutrition and meal preferences. This has been successful with meetings raising feedback on choices and more 'food for thought'.

**If you would to join the committee as a resident or resident representative, please speak with us!** Or if you just want to raise a suggestion or concern, please speak with a staff member, manager or fill out a Feedback Form.

Alternatively, you can phone the **Aged Care Quality and Safety Commission's Food, Nutrition and Dining Hotline on 1800 844 044**



#### New Bitumen for Driveway Entrance

Taralga has recently had part of our Bitumen driveway repaired and replaced at our High Street and Kitchen entrance to improve safety and accessibility. **See the improvement pictured!**



#### Menu and Meal Delivery Assessment

Taralga recently had **Julie from Plena Healthcare** conduct a voluntary **Audit Assessment of our Menu & Mealtime Delivery** to gain some advice on how we are meeting the **Aged Care Quality Standard 6 - Food & Nutrition**.

Julie was here for two days to review all mealtimes and spoke with numerous residents and staff members about their experience. This collaboration will assist us to improve the dining experience for our residents with a comprehensive menu & mealtime assessment, offering advice, guidance and actionable recommendations to ensure our facility is working towards the strengthened aged care standards, when menu and mealtime assessments will be required at least annually.

We are looking forward to receiving the report to find out what we are doing well and where we can work on to improve.

**You have the right to choose what, where and when you eat and drink. You have the right to raise your concerns about your food and dining experiences.**



Residents have already been offered and given their **Flu Vaccinations** by Wambo Medical Clinic Nurse in April. The **National Immunisation Program has Flu Vaccines free** for most people this year to help combat the upcoming flu season.

Vaccination is a safe and effective way to protect yourself and your family from serious disease caused by influenza. Influenza vaccines are given each year to protect against the most common strains of the virus.

**Enquire with your local GP Clinic about getting your Flu Shot.**

### 6 WAYS TO FIGHT THE FLU

How to fight the flu this holiday season:



### Riddle me this:

1. If you drop me, I'm sure to crack, but if you smile at me, I'll smile back. What am I?
2. What has words but never speaks?
3. How can you make seven even?
4. What can travel around the world while staying in the corner? (Answers are on Page 8)



### Did You Know?

- The Loch Ness, in Scotland contains more freshwater than all of England's lakes combined
- The filling in Kit Kats is made from damaged Kit Kats
- Wombat feces is cube-shaped
- The average mammal takes 21 seconds to empty its bladder



The Jandowae Show was held on March 22<sup>nd</sup>. We are very proud to say that we had numerous Taralga residents, staff and volunteers participate and put entries into the Show Competitions, including cooking, photography, fine-art, woodworking, knitting & handicrafts! Also, our very own resident **Tom Davis** had the honour of opening this year's Jandowae Show. We wish to pass on a massive congratulations to the Show Committee and volunteers on organizing a fantastic event and to everyone who participated in making the day! We also wish to thank the Jandowae & District Show Committee for **\$1000 donation** to **Taralga Retirement Village** for supplying volunteers to man the Kitchen Stall.



1. Tom Davis opening the Show
2. Painting by Gary Baines
3. Looking at the Pavilion
4. Knitting by Shirley Woollett & Jean Hosking & Pikelets by Tom Davis
5. Drawings by Shirley Rayner
6. Photos by Kyra McCreey
7. Woodworking by Bob Somerset
8. Young Cattle showing winners
9. Photography by Leanne Roberts





Australian Government  
Aged Care Quality and Safety Commission



## The showground story

Once a year our whole town piled into the local showground for the agricultural show. It was always so exciting and vibrant! There'd be prize chooks of all different breeds competing for best in show, and all sorts of other animals on display, fat pink pigs, black and white dairy cows and enormous black bulls with massive horns and giant metal rings through their noses.

The carnival rides were thrilling. The brave people went on the roller coaster or the rotor and the timid ones among us lined up for the Ferris wheel or carousel. There were side-show alley games, like the one where you try to toss balls into the gaping mouths of a row of moving, gaily painted papier Mache clown's heads. There were fruit and vegetable competitions, including gigantic pumpkins and other colourful gourds, arts and crafts, and many other different stalls and stands with information on all the local farms and produce.

My favourite thing to see was the wood chopping competition. I couldn't believe how strong they all were, chopping the wood at lightning speed with a sharp, shiny axe. The Country Women's Association always had a stall where they sold their home-made, delicious scones with cream and jam. We'd always make time to sit and have a cup of tea and a few of those fresh scones.



If we were lucky, we'd be treated to a big stick of fairy floss, which, although it was quite messy, and my hands and face always felt so sticky afterwards, was so yummy. At the end of the day, we'd collect sample bags from the various stalls that were filled with treats, toys, and games to take home, so the fun just kept on rolling.



### Discussion question:

Was there a local agricultural show or fun fair attraction where you grew up?

What is your favourite memory about a Show or Fair you have attended? Share this with the people around you at your next meal.



## Lake Broadwater

We recently took a **bus trip to Lake Broadwater** on the other side of Dalby. We picked up some **take-away lunch and beverages** on the way out. It was a beautiful sunny day to enjoy a **picnic on the waterfront**. Smiles all around as you can see in the photos below! We also love checking out the sites, towns, farms and landscapes on the drive home and chatting about their history.





## What's Been Happening at Taralga?



Baking



Games



Prepping Veggies



St Patrick's Day



Knitting Club



Courtyard Chats



Arts & Craft



Music with Cammi & Charlie



**ANZAC DAY  
25 APRIL**

**JANDOWAE**  
Dawn Service | 5.30am  
Followed by Community Breakfast  
Jandowae Memorial Hall, Cnr George & Market Streets  
Commemoration March | 10.30am  
Corner High & Dalby Streets  
Commemoration Service | 11.00am  
Followed by Drinks & Fellowship  
Jandowae Memorial Hall, Cnr George & Market Streets

For more information call Council on  
**1300 COUNCIL** or visit [wdrc.info/anzac-day](http://wdrc.info/anzac-day)

**2025 JANDOWAE CAMPDRAFT  
FRIDAY 18<sup>TH</sup> - SUNDAY 20<sup>TH</sup> APRIL**



**DROP BY THE JANDOWAE SHOWGROUNDS & SUPPORT A LOCAL COMMUNITY EVENT**

**FREE ENTRY**

- ✓ Bar Operating Friday Night (with sit down meal)
- ✓ Bar Operating Saturday
- ✓ Food Available from Midday Friday Throughout the Weekend Supplied by Jandowae Pony Club
- ✓ Calcutta & Charity Auction Saturday Evening
- ✓ Jamaica Blue Coffee Van All Weekend
- ✓ Music Saturday Night by: To Be Enjoyed
- ✓ Kids Gymkhana & Campdraft Events Saturday Morning

THANKYOU TO OUR WONDERFUL SPONSORS, CATTLE DONORS & VOLUNTEERS FOR YOUR SUPPORT IN MAKING THIS EVENT POSSIBLE

Photo Credit To: Judy Tones Photography

## The Story of the Young 'Digger' Honoré Hermene

On Christmas Day 1918, just after the Armistice, young Honoré Hermene wandered into the mess hall at Bickendorf, Germany. Hungry and lonely, he sat down to lunch with members of the Australian Flying Corps 4 Squadron.

To the Australians, Honoré became known as Henri or 'Digger'. They appointed him as their squadron mascot and he endeared himself with his jokes, rat catching and joy-riding in planes.

When it was time to ship out, air mechanic **Tim Tovell** and his brother Ted smuggled the little Digger **back home to Jandowae, Queensland**. They loaded him into an oats sack and basket, aboard **RMS Kaiser-i-Hind**.

Nine days into the voyage, Henri was discovered but the captain agreed not to report him. When the ship arrived in Perth, he pretended to be the son of the Queensland Premier, T. J. Ryan, who was also on board. The story was widely reported in the press, to the point that the Australian Government **allowed Tim Tovell to adopt Digger**.

Little is known about Honoré Hermene's life before he was rescued by the Australians, other than he was taken in by British soldiers near Lille and his father worked in a brewery but died in the Battle of Mons in 1914. The French Consul in Brisbane met the boy after he arrived in Australia and noted that he spoke very good French, not *patois*.

**For five years, the boy lived with the Tovell family at Jandowae, a farming town north-west of Brisbane.** Sadly, Digger's new family life in Australia did not last much longer. He moved to Melbourne to work as an office boy at Victoria Barracks and to train as an aircraft mechanic like his stepfather. In 1928, he was killed in a car accident in Melbourne.

Digger was buried at Fawkner Cemetery with a commemorative plaque from the RAAF Association of Victoria. Author Anthony Hill, who recounted the story in his book [Young Digger](#) (2002), said Tim Tovell never recovered from Digger's death.

*Excerpt from Sir John Monash Centre French Australian Memorial*





**1300 208 582**  
advancecareplanning.org.au



## Where to get support for advance care planning

Advance care planning involves shared planning for your future health care needs. It is a voluntary and ongoing process. It enables you to make some decisions now about the health care you would or would not like to receive if you were unable to communicate your preferences or make treatment decisions. It may involve completing documents such as an Advance Care Directive or appointment of a substitute decision-maker.

This fact sheet provides information on where you can find support to help you with advance care planning.

### Free information and resources

There is a wide range of resources for individuals and families on the process of advance care planning and the preparation of advance care planning documents available free of charge and readily accessible online.

Advance Care Planning Australia is a free, government-funded service which provides information and resources to help Australians plan for their future health care. If you need free advice about advance care planning, phone the National Advance Care Planning Advisory Service on 1300 208 582.

Advance Care Planning Australia has free information and forms for each State and Territory – visit [Create your plan | Advance Care Planning](#). The Department of Health in your state or territory also has information about the advance care planning documents that are recognised by legislation.

### Professional support

Your GP or other health professional can support you with advance care planning.

Some public hospitals and health services provide specialised advance care planning services. Contact your local service to enquire.

Legal services and solicitors can also assist with the completion of legally binding documents such as Advance Care Directives, or appointment of a substitute decision-maker such as Enduring Power of Attorney, Enduring Guardian.

Taralga can also support you access information on Advance Care Planning. Please feel free to speak with your families, or any of our Nursing Staff or Managers about how we can help with your Advance Care Planning.

## Conversation starters

### The most important things in my life



<b>About me</b>	Being able to ___ is the most important thing to me because ___.	I was thinking about what happened to ___ and it made me realise ___.	As part of my culture, values, and beliefs ___ is important to me because ___.
<b>About life</b>	A good day for me is one where I ___ because ___.	What I value and enjoy most in my life is ___ because ___.	The most important things on my bucket list are ___.
<b>About health care</b>	I would prefer to receive my health care at ___ because ___.	When ___ happens I get worried about my health care because ___.	I would want these people ___ included in discussions about my health.
<b>About choices</b>	An unacceptable health outcome for me would be ___ because ___.	I would not want ___ treatments if there was little chance of recovery because ___.	If I was choosing between quantity and quality of life, I would choose ___ because ___.

### Storing advance care planning documents

Advance care planning documents are important, and need to be stored carefully so that, if and when they are needed, they can be located easily by your substitute decision-maker and your health care providers.

My Health Record is a national, government-funded, free service you can use to store your advance care planning documents, visit [My Health Record \(digitalhealth.gov.au\)](#).

Some states and territories have registers where you can lodge your advance care planning documents. For more information see your state or territory's page on the [Advance Care Planning Australia's website](#).



Taralga recently hosted a Golf Day & Raffle! It was a wonderful day out on the green, just after some rainfall so the course was lush, green and well-kept. All teams did the 18-holes with a delicious BBQ Lunch cooked by Rob Green. This was a successful fundraiser for Taralga thanks to the many community businesses offering support and donations for the day! Lots of prizes for the many winners.

Thank you to the wonderful sponsors who donated, particularly Wambo Wind Farm (Cubico) and all those who volunteered or participated on the day.



## WAMBO WIND FARM



NORM & SHIRLEY MOULLET HELEN DAIVISON JAMIE & EMMA MAUSCHULZ JON & CANDICE TRAVES GAIL CLARK & TRISH DAVIS



### Wonderful Mother

God made a wonderful mother,  
A mother who never grows old;  
He made her smile of the sunshine,  
And He molded her heart of pure gold;  
In her eyes He placed bright  
shining stars,  
In her cheeks fair roses you see;  
God made a wonderful mother,  
And He gave that dear mother to me.

By Pat O'Reilly

- Join her for morning or afternoon tea
- Go on a nature walk
- Go in search of the best flowers
- Book a relaxing pamper day
- Make a donation to a charity in her name.
- Pack a picnic and take her somewhere nice
- Create a Memory Scrapbook
- Write a personal letter or note
- Gathering old family photos and cherished memorabilia.
- Share fond memories and stories.
- Give her a 'favourites' gift – favourite snacks, music, books, tv show etc
- Create a video message, tell your mother how much you love and appreciate her.

For any family members that are unable to visit for Mother's Day, please feel free to send a message that we can share.



## WORD BRAIN ACTIVITY: FILL IN THE BLANK

Think of the word that's missing in these popular phrases. Do this with a friend or family member, or challenge yourself!  
See how many you can get!

There's no place like \_\_\_\_\_

Where there's \_\_\_\_\_, there's fire

As fit as a \_\_\_\_\_

Like father, like \_\_\_\_\_

Better late than \_\_\_\_\_

Beggars can't be \_\_\_\_\_

When in \_\_\_\_\_, do as the Romans do

A \_\_\_\_\_ for your thoughts

The early \_\_\_\_\_ catches the \_\_\_\_\_

There's no time like the \_\_\_\_\_

Jack of all trades, master of \_\_\_\_\_

Too many cooks spoil the \_\_\_\_\_

A change is as good as a \_\_\_\_\_

Go the whole 9 \_\_\_\_\_



## Word List

- ANZAC
- COURAGE
- DEFEND
- GUN
- HEROES
- PEACE
- POPPY
- SERVICE
- SOLDIERS
- VETERAN
- WEAPON
- WORLD

## ANZAC DAY WORD SEARCH

Try to find all of the hidden Anzac Day words in the word search puzzle below.  
(Words can be spelled forwards, backwards, diagonally, up, or down.)





## PHOTO ALBUM



## COMING UP

Hairdresser	TUE 22 APR
<b>ANZAC Day</b>	<b>FRI 25 APR</b>
BBQ Lunch	FRI 25 APR
Fishhooks Footy Game	SAT 26 APR
Paint & Sip / HAPPY HOUR	TUE 29 APR
<b>BUS TRIP</b>	<b>THU 1 MAY</b>
Jandowae Races	SAT 3 MAY
Labor Day Public Holiday	MON 5 MAY
Music with Cammi & Charlie	THU 8 MAY
Podiatrist Visit	THU 8 MAY
<b>MOTHERS DAY</b>	<b>SUN 11 MAY</b>
<b>Residents Meeting</b>	<b>TUE 13 MAY</b>
Knitting Club	THU 15 MAY
<b>BUS TRIP</b>	<b>THU 29 MAY</b>

Men's Shed continuing on Thursdays 9AM  
 Tai Chi fortnightly on Mondays 9AM  
 Physio Visit weekly on Thursdays  
 Bingo weekly on Sundays 9AM

### Riddle me this:

Answers:

1. A Mirror
2. A Book
3. Remove the 's'
4. A stamp

### We value your feedback!

We value your feedback, both positive and constructive! Please feel free to speak with us about your care, concerns or suggestions.



## Have a laugh!

My doctor asked if anyone in my family suffered from mental illness. I replied, "No, we all seem to enjoy it quite a bit."

Instead of 'the John', I call my bathroom 'the Jim'! That way it sounds better when I say I go to the Jim first thing every morning!

What do you call an alligator in a vest?  
An investigator!

"I've learned that life is like a roll of toilet paper. The closer it gets to the end, the faster it goes."